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What is claimed is:

- 1. A food preparation table, comprising:
 - a food storage compartment which preserves foodstuff items; and
- a cooled air shower device which is disposed above the food storage compartment and supplies cooled air thereinto,

wherein the cooled air shower device distributes the cooled air evenly along a substantially entire length of the food storage compartment.

- 2. The food preparation table of claim 1, wherein the cooled air shower device includes a horizontally disposed first duct panel having a plurality of holes through which the cooled air flows into the food storage compartment.
- 3. The food preparation table of claim 2, wherein the holes are louver holes.
- 4. The food preparation table of claim 2, wherein the plurality of holes are formed along a substantially entire length of the food storage compartment.
- 5. The food preparation table of claim 4, wherein the plurality of holes are symmetric with respect to a center portion of the food storage compartment.

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- 6. The food preparation table of claim 2, wherein the cooled air shower device further includes a second duct panel which is horizontally disposed above a rear portion of the food storage compartment and has a plurality of holes.
- 7. The food preparation table of claim 6, wherein the plurality of holes of the second duct panel are embossed holes.
 - 8. The food preparation table of claim 6, wherein the plurality of holes of the second duct panel are formed along a substantially entire length of the food storage compartment.
 - 9. The food preparation table of claim of claim 1, wherein the cooled air shower device includes a first duct panel which is disposed above a front portion of the food storage compartment and has a plurality of holes; a second duct panel which is disposed above a rear portion of the food storage compartment and has a plurality of holes; and a partition which is disposed between the first duct panel and the second duct panel and has a plurality of holes, wherein the plurality of holes of the partition are substantially evenly arranged along substantially entire length of the partition.
 - 10. The food preparation table of claim 9, wherein the cooled air is supplied into the first duct panel and one portion of the cooled air supplied into the first duct panel is then supplied into the second duct panel through the plurality of holes formed in the partition.

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- 11. The food preparation table of claim 9, wherein the cooled air shower device further includes a guiding wall which is vertically disposed in a manner that a width between the partition and the guiding wall is constant for a length and then becomes narrower with a distance from one side of the food storage compartment.
- 12. The food preparation table of claim 1, further comprising a guiding means for guiding the cooled air to the cooled air shower device, wherein the guiding means includes a first guide panel which makes the cooled air flow upward.
- 13. The food preparation table of claim 12, wherein the guiding means further includes a second guide panel which allows the cooled air to flow in a horizontal direction.
 - 14. The food preparation table of claim 13, wherein the guiding means further includes a guide pad which guides the cooled air deflected by the second guide panel to the cooled air shower device.
 - 15. A food preparation table, comprising:
 - a food storage compartment which preserves foodstuff; and
 - a refrigerating system which cools air and supplies the cooled air into the food storage compartment,

wherein the refrigerating system is installed in a chamber disposed inside the food preparation table and is extractable therefrom.

16. The food preparation table of claim 15, wherein the refrigerating system is mounted on a extracting device, and the extracting device includes a pair of sliding portions, the pair of sliding portions being slidably joined with a pair of rails provided opposite inner sides of the chamber.